

VICTUS CATERING 

Nexus Learning Lunches Menu

October–December 2026



All snacks are allergen-free	
Monday	Diced Watermelon
Tuesday	Cut Banana
Wednesday	Fruit Jello Cup <i>Our gelatine is Halal and vegetarian</i>
Thursday	Diced White Dragonfruit
Friday	Apple Compote

Food Information

- Our kitchen is not Halal-certified. Our food is pork-free and lard-free. Most ingredients are from certified Halal suppliers, especially our meats.
- We strictly prohibit peanuts and tree nuts in our kitchens. However, some products may unavoidably contain “traces of” nuts or tree nuts from the supplier.
- While all due care is taken to remove all bones are in meat or fish, some small bones or fragments may remain after processing.

AF: Allergy-Friendly **D:** Dairy **E:** Egg **G:** Gluten **VGN:** Vegan **VEG:** Vegetarian (includes eggs/milk) **S:** Soy **Z:** Sesame 🤖: Fun Food

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Nexus International School (Singapore) Learning Lunches

Week B1 Oct 26–30 | Week B2 Nov 2–6

	International	Vegetarian	Allergy-friendly No Dairy/Egg/Gluten
Mon 26 Oct	Steamed Fish , vegetable stew, mixed brown rice (AF)	Vegetable Bee Hoon , tofu, cabbage, Carrot (AF)(S)	
Tue 27 Oct	Chicken & Tomato Penne Pasta , chopped cauliflower, parmesan cheese (D)(G)	Steamed Silken Tofu, Shiitake Mushroom , scallion noodles & kai lan (G)(S)(Z)	Moroccan-Style Lamb Tagine , carrots, tomatoes, and fragrant pilaf rice (AF)
Wed 28 Oct	Braised Beef Ragu , mashed potatoes & broccoli (D)	Vegetable Korma , tandoori tofu, biryani rice (AF) (not spicy)	
Thu 29 Oct	Chicken Bolognese Pasta , diced zucchini (G)	Vegetarian Hokkien Mee , plant-based duck & stir-fried cabbage (G)(S)(E)	Crispy Fried Dory , bee hoon, pea shoots (AF)
Fri 30 Oct	Crispy Fish Pops , egg fried rice & smashed edamame (E)(G)	Vegetable Keema , chapati, aloo gobi (G)	Tomato & Tuna Gluten-free Pasta Bake , steamed corn (AF)

	International	Vegetarian	Allergy – friendly No Dairy/Egg/Gluten
Mon 2 Nov	Chicken Meatballs Pasta , tomato sauce, sweet corn (D)(G)	Plant-based “Oyster Sauce Lamb” , asparagus & cauliflower, steamed rice (G)	Stir-fried Cumin Lamb , cabbage, braised eggplant & steamed rice (AF)
Tue 3 Nov	Thai-style Minced Chicken Stir-fry , soft chopped green beans, steamed white rice (AF)(Not spicy)	Yellow Lentil Dal , okra, cauliflower, steamed rice (AF)	
Wed 4 Nov	Baked Breaded Fish Fingers , mashed potatoes, buttered smashed peas (D)(G)	Zucchini Pasta Bake , marinara sauce, mozzarella cheese, sautéed carrots & mushrooms (D)(G)	Lemon Baked Fish , capsicum, spinach aglio olio gluten-free pasta (AF)
Thu 5 Nov	Beef Bolognese Penne Pasta , parmesan & honey glazed chopped carrots (G)(D)	Braised Tofu , steamed rice, garlic kai lan (AF)(S)	
Fri 6 Nov	No School		

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Nexus International School (Singapore) Learning Lunches

Week B3 Nov 9–13 | Week B4 Nov 16–20

	International	Vegetarian	Allergy-friendly No Dairy/Egg/Gluten
Mon 9 Nov	Deepavali (Diwali) Public Holiday		
Tue 10 Nov	Turkey Ham & Cheese Sandwich on brown bread, tater tots & baby beans (D)(G)	Parmesan Gnocchi , marinara sauce, California vegetables (G)(D)	Grilled Salmon , sauce vierge, roasted potatoes, asparagus (AF)
Wed 11 Nov	Soy-glazed Diced Beef , egg fried rice (G)(E)(S)	Vegetarian Chilli , rice, corn tortilla chips, capsicum, sweet corn (AF)(Not Spicy)	
Thu 12 Nov	Cheesy Pizza , fries, coleslaw (D)(E)(G)	Baked Egg Shakshuka , chickpeas, tomato, capsicum, served with flatbread (G)(E)	Sweet & Sour Fish , fried rice, Asian greens (AF)
Fri 13 Nov	Chicken Nuggets , potato wedges, buttered chopped cauliflower (D)(E)(G)	Claypot Egg Tofu , shiitake mushrooms, sautéed garlic bok choy, carrots, steamed rice (E)(G)(S)	Gluten-free Soy Sauce Chicken Rice , garlic asian greens (AF)(S)

	International	Vegetarian	Allergy-friendly No Dairy/Egg/Gluten
Mon 16 Nov	Garlic Chicken Mac & Cheese , sweet corn & peas (D)(G)	Vegetarian Fried Bee Hoon , braised egg & broccoli (G)(E)	Rosemary-Garlic Roasted Chicken , tomato rice, grilled vegetables (AF)
Tue 17 Nov	Chicken Bolognese Pasta , diced zucchini (G)	Potato & Eggplant Moussaka , flatbread (D)(G)	Smoky Beef Chilli , Mexican bean rice, sweet corn, tortilla chips (AF) (Not Spicy)
Wed 18 Nov	Sweet & Sour Fish , steamed rice & cauliflower (G)(S)	Grilled Cauliflower Steak , bulgur wheat, tomatoes & asparagus (G)	Baked Sea Bass , mashed potatoes, tomato salsa, broccoli & carrots (AF)
Thu 19 Nov	Stir-fried Sweet Soy Minced Chicken , chopped bok choy, brown rice (G)(S)	Cauliflower & Broccoli Cheesy Pasta Bake , zucchini, edamame beans (D)(G)	Tuna & Cherry Tomato with gluten-free pasta, sauteed zucchini (AF)
Fri 20 Nov	Pizza Margherita , chopped broccoli, smashed carrots (D)(G)	Lentil and Butternut Squash Curry , rice, stir-fried okra (AF)	

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Mon 23 Nov	Beef Bolognese Penne Pasta, buttered corn (G)(D)	Braised Tofu steamed rice & asparagus (AF)(S)	
Tue 24 Nov	Stir-fried Minced Chicken, steamed brown rice, smashed carrots (G)	Vegetable Korma (coconut curry), fragrant rice, green beans, cauliflower (AF)	
Wed 25 Nov	Roasted Chicken, mashed potatoes, chopped broccoli & mushrooms (AF)	Stir-fried Tempeh, Tofu & Mushrooms, steamed rice, bok choy, carrots (AF)(S)	
Thu 26 Nov	Baked Salmon, egg fried rice, smashed edamame (E)(G)(S)	Vegetable Frittata, creamed spinach & peas (D)(E)	Baked Cajun Fish, Mexican-style rice, capsicum and sweet corn (AF)(not spicy)
Fri 27 Nov	Chicken Alfredo Penne, smashed peas & parmesan (G)(D)	Indian-spiced Lentil Dal & Chickpeas, steamed basmati rice, okra & tomato (AF)	

	International	Vegetarian	Allergy-friendly No Dairy/Egg/Gluten
Mon 30 Nov	Tuna Mac & Cheese, corn kernels & broccoli (D)(G)	Vegan Mapo Tofu, shiitake Mushrooms, sautéed garlic bok choy, carrots, steamed rice (AF)(S)	
Tue 1 Dec	Turkey Ham & Cheese Sandwich on brown bread, tater tots & baby beans (D)(G)	Plant-based Char Siu “Duck”, stir-fried chap chay, steamed rice (G)(S)	Baked Salmon, roasted sweet potato & California vegetables (AF)
Wed 2 Dec	Beef Fried Rice, mixed veggies (G)(E)(S)	Ricotta & Spinach Lasagna, eggplant, capsicum (D)(G)(E)	Thai Fish Fried Rice, mixed veggies (AF)
Thu 3 Dec	Steamed Sea Bass, brown rice & smashed peas (AF)	Potato & Eggplant Moussaka, flatbread (D)(G)	
Fri 4 Dec	Chicken Nuggets, baked potato wedges, mashed honey carrots, tomato (G)	Crispy Tempeh, braised cabbage sayur lodeh (coconut stew), pandan rice (AF)(S)	

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Nexus International School (Singapore) Learning Lunches

Week B7 Dec 7–11 | Week B8 Dec 14–18

	International	Vegetarian	Allergy-friendly No Dairy/Egg/Gluten
Mon 7 Dec	Steamed Fish , vegetable stew, mixed brown rice (AF)	Vegetable Bee Hoon , tofu, cabbage, Carrot (AF)(S)	
Tue 8 Dec	Chicken & Tomato Penne Pasta , chopped cauliflower, parmesan cheese (D)(G)	Steamed Silken Tofu, Shiitake Mushroom , scallion noodles & kai lan (G)(S)(Z)	Moroccan-Style Lamb Tagine , carrots, tomatoes, and fragrant pilaf rice (AF) (not spicy)
Wed 9 Dec	Braised Beef Ragu , mashed potatoes & broccoli (D)	Vegetable Korma , tandoori tofu, biryani rice (AF)(S)	
Thu 10 Dec	<u>Christmas Special</u> Roast Turkey , roasted winter vegetables, potatoes & gravy (D)(G)	Vegetarian Hokkien Mee , plant-based duck & stir-fried cabbage (G)(S)(E)	Crispy Fried Dory , bee hoon, pea shoots (AF)
Fri 11 Dec	Crispy Fish Pops , egg fried rice & smashed edamame (E)(G)	Vegetable Keema , chapati, aloo gobi (G)	Tomato & Tuna Gluten-free Pasta Bake , steamed corn (AF)

	International	Vegetarian	Allergy-friendly No Dairy/Egg/Gluten
Mon 14 Dec	Chicken Meatballs Pasta , tomato sauce, sweet corn (D)(G)	Plant-based “Oyster Sauce Lamb” , asparagus & cauliflower, steamed rice (G)	Stir-fried Cumin Lamb , cabbage, braised eggplant & steamed rice (AF)
Tue 15 Dec	Thai-style Minced Chicken Stir-fry , soft chopped green beans, steamed white rice (AF)(Not spicy)	Yellow Lentil Dal , okra, cauliflower, steamed rice (AF)	
Wed 16 Dec	Baked Breaded Fish Fingers , mashed potatoes, buttered smashed peas (D)(G)	Zucchini Pasta Bake , marinara sauce, mozzarella cheese, sautéed carrots & mushrooms (D)(G)	Lemon Baked Fish , capsicum, spinach aglio olio gluten-free pasta (AF)
Thu 17 Dec	Beef Bolognese Penne Pasta , parmesan & honey glazed chopped carrots (G)(D)	Braised Tofu , steamed rice, garlic kai lan (AF)(S)	
Fri 18 Dec	Chicken Hot Dog , California mixed vegetables (G)(D)	Cauliflower Pakora , vegetable and chickpea coconut korma, steamed rice (AF)	

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