

VICTUS CATERING 

Nexus International School Menu

October – December 2026



Food Information

- Our kitchen is not Halal-certified. Our food is pork-free and lard-free. Most ingredients are from certified Halal suppliers, especially our meats.
- We strictly prohibit peanuts and tree nuts in our kitchens. However, some products may unavoidably contain “traces of” nuts or tree nuts from the supplier.
- While all due care is taken to remove all bones are in meat or fish, some small bones or fragments may remain after processing.



Portion Sizes

Each meal is freshly cooked and lovingly packed by our team every morning to an approved specification with portion sizes based on Singapore and international nutrition guidelines.

Primary Pre-orders

- 100g of Protein
- 60g of Vegetables
- 120g of Carbohydrates

Secondary

- 120g Protein
- 80g Vegetables
- 150g Carbohydrates



School Section	Preorder All Lunchbox Options	A la carte			
		Western Set	SenseAsia	Toscana	Spices
	A choice of Western, Asian or Vegetarian dishes.	Daily changing dish, inspired by European, American and Middle Eastern cuisines.	Fresh Asian flavours: our take on economy rice (菜饭 cai fan). Menus change weekly.	Everyone's favourite - fresh baked pizzas, and tasty pastas.	Our special is a culinary adventure through exciting global cuisines - all for a very fair price.
Early Years Nursery and Kindergarten	Learning Lunches are coordinated by the school. Please refer to the Early Years menu for information.				
Lower Primary Year 1-2	\$6.80 Junior Portion				
Upper Primary Year 3 - Year 6	\$6.80 Junior Portion	\$7.50 Full Sized Complete Meal No customisation	Set Meal (1 Protein/Veg/Carb) \$7.50 A la carte meal Proteins \$3.50 each Vegetables \$2.20 each Carbs \$2.00 each	Pastas \$6.80/7.50 Meat Pizzas \$5.80/slice Veg Pizzas \$4.80/slice	N/A
Secondary Year 7 - Year 13	Not currently available - we're exploring this option for the future.			All Pastas/Pizzas include: - a portion of fruit or - a small side salad.	\$7/8



	Online Pre-orders Only (Years 1–6)			Pre-order (\$6.80) & At the canteen (\$7.50)		At the canteen (Year 7–13 & Staff)		
	Young Eaters (\$6.80)	Asian (\$6.80)	Toscana (\$6.80)	Western	Vegetarian	Toscana	SenseAsia	Spices
Mon 26 Oct	Steamed Fish , vegetable stew, mixed brown rice (AF)	Ginger & Spring Onion Steamed Dory , sautéed garlic bok choy, carrots, steamed rice (G)(S)	Creamy Smoked Duck & Mushroom Pasta , spinach (D)(G)	BBQ Chicken , corn, broccoli, roasted potatoes (G)(D)	Vegetable Bee Hoon , tofu, cabbage, Carrot (AF)	Complete your meal with a free garden salad or a whole fruit. Mon/Wed/Fri <i>Pasta of the Day</i> - Beef Bolognese Sauce (D)(G) \$7.50 - Vegetable and Tomato Marinara Sauce (V)(G) \$6.80	Mix & Match \$7.50 for a full meal Pick 1 protein, 1 veg and 1 carb <i>Proteins \$3.50</i> - Beef Rendang (G) - Char Siu Chicken (G)(S)(Z) - Ginger & Spring Onion Dory (G)(S)	Mon/Wed/Fri Tandoori Butter Chicken (D) \$7.50 Chana Masala (AF)(VGN) \$7.00
Tue 27 Oct	Chicken & Tomato Penne Pasta , chopped cauliflower, parmesan cheese (D)(G)	Char Siu Chicken , steamed rice, garlic kai lan (G)(S)(Z)	Beef Meat Lovers Pizza , steamed cauliflower (D)(G)	Moroccan-Style Lamb Tagine , carrots, tomatoes, and fragrant pilaf rice (AF)	Steamed Silken Tofu, Shiitake Mushroom , scallion noodles & kai lan (G)(S)(Z)	<i>Fresh-Baked Slices</i> - Margherita Pizza (D)(G) \$4.80 - Turkey Ham & Pineapple Pizza (D)(G) \$5.80	<i>Vegetables \$2.20</i> - Kai Lan & Crispy Garlic (G) - Stir-fried Chinese Cabbage (G) - Chap Chye (G) - Oyster sauce glazed broccoli & carrots (G)(S)	Tue/Thu Lamb Curry (AF) \$7.50 Vegetable Korma (AF) \$7.00
Wed 28 Oct	Braised Beef Ragu , mashed potatoes & broccoli (D)	Beef Rendang , chap chye & steamed rice (G)(S)	Chicken Meatballs , tomato sauce, green beans, pasta (G)	Baked Salmon , spring onion mashed potatoes, green beans & cherry tomatoes. lemon butter sauce (D)	Vegetable Korma , tandoori tofu, biryani rice (AF)	Tues/Thurs <i>Pasta of the Day</i> - Chicken Alfredo Pasta (D)(G) \$7.50 - Vegetable and Tomato Marinara Sauce (V)(G) \$6.80	<i>Carbohydrates \$2.00</i> - Steamed Rice - Fried Rice/Noodle of the Day (G)(S)(Z)	<i>served as a set with steamed rice, and sauteed cabbage with mustard seeds</i>
Thu 29 Oct	Chicken Bolognese Pasta , diced zucchini (G)	Crispy Fried Dory , bee hoon, pea shoots (AF)	Chicken & Tomato Penne Pasta , green beans, zucchini (G)	Chicken Fajitas , corn & tomato salsa, wheat tortilla (G)	Vegetarian Hokkien Mee , plant-based duck & stir-fried cabbage (G)(S)(E)	<i>Fresh-Baked Slices</i> - Margherita Pizza (D)(G) \$4.80 - Beef Pepperoni Pizza (D)(G) \$5.80	<i>Standalone Fried Rice/Noodles are \$3.50</i>	
Fri 30 Oct	Crispy Fish Pops , egg fried rice & smashed edamame (E)(G)	Steamed Ginger Chicken , baby kailan, mixed rice (G)(S)(Z)	Tomato & Tuna Gluten-free Pasta Bake , steamed corn (AF)	Beef Cheeseburger , cheddar cheese, corn, potato wedges (D)(E)(G)	Vegetable Keema , chapati, aloo gobi (G)			

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	Young Eaters (\$6.80)	Asian (\$6.80)	Toscana (\$6.80)	Western	Vegetarian	Toscana	SenseAsia	Spices
Mon 2 Nov	Chicken Meatballs Pasta , tomato sauce, sweet corn (D)(G)	Stir-fried Cumin Lamb , cabbage, braised eggplant & steamed rice (AF)	Beef Lasagne , California mixed vegetables, pomodoro sauce (D)(G)(E)	Roasted Sea Bass , lemon cream sauce, green beans, cherry tomato, crushed potatoes (D)	Plant-based “Oyster Sauce Lamb” , asparagus & cauliflower, steamed rice (G)	Complete your meal with a free garden salad or a whole fruit. Mon/Wed/Fri Pasta of the Day - Pasta with Beef Meatballs in Marinara Sauce (D)(G) \$7.50 - Vegetable and Tomato Marinara Sauce (V)(G) \$6.80	Mix & Match \$7.50 for a full meal Pick 1 protein, 1 veg and 1 carb Proteins \$3.50 - Stir-fried Cumin Lamb (G)(S) - Teriyaki Chicken (G)(S) - Thai Sweet Chili Fish (G)(E)	Mon/Wed/Fri Tandoori Butter Chicken (D) \$7.50 Chana Masala (AF)(VGN) \$7.00
Tue 3 Nov	Thai-style Minced Chicken Stir-fry , soft chopped green beans, steamed white rice (AF)(Not spicy)	Soy-glazed Dory , sweet corn, broccoli, steamed rice (G)(S)	Margherita Pizza , grilled vegetables with thyme & basil (D)(G)	Chicken Cacciatore , crushed potatoes, broccoli and carrots (G)(D)	Yellow Lentil Dal , okra, cauliflower, steamed rice (AF)			served as a set with pilaf rice, cucumber raita, tomato & red onion salad
Wed 4 Nov	Baked Breaded Fish Fingers , mashed potatoes, buttered smashed peas (D)(G)	Hainanese Chicken Rice , carrots, bok choy (G)(S)	Lemon Baked Fish , capsicum, spinach aglio olio gluten-free pasta (AF)	Braised Beef Brisket , mashed potatoes, broccoli & peas (D)(G)	Zucchini Pasta Bake , marinara sauce, mozzarella cheese, sautéed carrots & mushrooms (D)(G)	Fresh-Baked Slices - Margherita Pizza (D)(G) \$4.80 - Turkey Ham & Pineapple Pizza (D)(G) \$5.80	Vegetables \$2.20 - Glazed Carrots, Cabbage & tofu (G)(S) - Eggplant with garlic sauce (G)(S) - Sauteed long beans with egg (E)(S)	Tue/Thu Lamb Curry (AF) \$7.50 Vegetable Korma (AF) \$7.00
Thu 5 Nov	Beef Bolognese Penne Pasta , parmesan & honey glazed chopped carrots (G)(D)	Cantonese-style Fish Noodles , bok choy & bell peppers (G)(S)	Turkey Ham & Pineapple Pizza , green beans (D)(G)	Chicken Cheeseburger , cherry tomatoes, green beans, potato wedges (D)(E)(G) 😊	Braised Tofu , steamed rice, garlic kai lan (S)	Tues/Thurs Pasta of the Day - Chicken Alfredo Pasta (D)(G) \$7.50 - Vegetable and Tomato Marinara Sauce (V)(G)) \$6.80	Carbohydrates \$2.00 - Steamed Rice - Fried Rice/Noodle of the Day (G)(S)(Z)	served as a set with steamed rice, and sauteed cabbage with mustard seeds
Fri 6 Nov	Staff PL Day - No school					Fresh-Baked Slices - Margherita Pizza (D)(G) \$4.80 - Beef Pepperoni Pizza (D)(G) \$5.80	Standalone Fried Rice/Noodles are \$3.50	

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	Young Eaters (\$6.80)	Asian (\$6.80)	Toscana (\$6.80)	Western	Vegetarian	Toscana	SenseAsia	Spices
Mon 9 Nov	Deepavali (Diwali) Public Holiday					Complete your meal with a free garden salad or a whole fruit. Mon/Wed/Fri <i>Pasta of the Day</i> - Pasta with Beef Bolognese Sauce (D)(G) \$7.50 - Vegetable and Tomato Marinara Sauce (V)(G) \$6.80	Mix & Match \$7.50 for a full meal Pick 1 protein, 1 veg and 1 carb <i>Proteins \$3.50</i> - Japanese Chicken Katsu Curry (G)(S) - Thai Green Fish Curry (G)(S) - Soy & Sesame Braised Beef (G)(Z)	Mon/Wed/Fri Tandoori Butter Chicken (D) \$7.50 Chana Masala (AF)(VGN) \$7.00 <i>served as a set with pilaf rice, cucumber raita, tomato & red onion salad</i>
Tue 10 Nov	Turkey Ham & Cheese Sandwich on brown bread, tater tots & baby beans (D)(G)	Japanese Chicken Katsu Curry , steamed rice & braised daikon radish (G)(S)	Margherita Pizza , asparagus & edamame (D)(G)	Grilled Salmon , sauce vierge, roasted potatoes, asparagus (AF)	Parmesan Gnocchi , marinara sauce, California vegetables (G)(D)	<i>Fresh-Baked Slices</i> - Margherita Pizza (D)(G) \$4.80 - Turkey Ham & Pineapple Pizza (D)(G) \$5.80	<i>Vegetables \$2.20</i> - Garlic Bok Choy (G)(S) - Braised Nai Bai (G)(S) - Braised Asian Daikon (G)(S)	Tue/Thu Lamb Curry (AF) \$7.50 Vegetable Korma (AF) \$7.00 <i>served as a set with steamed rice, and sauteed cabbage with mustard seeds</i>
Wed 11 Nov	Soy-glazed Diced Beef , egg fried rice (G)(E)(S)	Soy & Sesame Braised Beef , steamed rice, zucchini & carrots (G)(Z)(S)	Penne Pasta with tomato, mushroom and zucchini sauce (G)(D)	Roasted Chicken with mushroom sauce, potato wedges, corn on the cob (D)(G)	Vegetarian Chilli , rice, corn tortilla chips, capsicum, sweet corn (AF)	Tues/Thurs <i>Pasta of the Day</i> - Chicken Alfredo Pasta (D)(G) \$7.50 - Vegetable and Tomato Marinara Sauce (V)(G) 6.80	<i>Carbohydrates \$2.00</i> - Steamed Rice - Fried Rice/Noodle of the Day (G)(S)(Z)	
Thu 12 Nov	Cheesy Pizza , fries, coleslaw (D)(E)(G)	Sweet & Sour Fish , fried rice, Asian greens (AF)	Chicken Parmigiana , pomodoro sauce carrots & broccoli (D)(G)	Beef Cheeseburger , french fries, buttered corn (D)(E)(G) 😊	Baked Egg Shakshuka , chickpeas, tomato, capsicum, served with flatbread (G)(E)	<i>Fresh-Baked Slices</i> - Margherita Pizza (D)(G) \$4.80 - Beef Pepperoni Pizza (D)(G) \$5.80	<i>Standalone Fried Rice/Noodles are \$3.50</i>	
Fri 13 Nov	Chicken Nuggets , potato wedges, buttered chopped cauliflower (D)(E)(G)	Gluten-free Soy Sauce Chicken Rice , garlic asian greens (AF)(S)	Beef Pepperoni Pizza , green beans & cauliflower (D)(G)	Fish & Chips , peas, tartare sauce (D)(E)(G) 😊	Claypot Egg Tofu , shiitake mushrooms, sautéed garlic bok choy, carrots, steamed rice (E)(G)(S)			

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Mon 16 Nov	Garlic Chicken Mac & Cheese , sweet corn & peas (D)(G)	Beef Gyudon Rice Bowl , shredded cabbage, edamame beans (G)(S)	Tuna Pasta Bake , mixed vegetables (D)(G)	Rosemary–Garlic Roasted Chicken , tomato rice, grilled vegetables (AF)	Vegetarian Fried Bee Hoon , braised egg & broccoli (G)(E)	<i>Complete your meal with a free garden salad or a whole fruit.</i> Mon/Wed/Fri <i>Pasta of the Day</i> - Pasta with Beef Meatballs in Marinara Sauce (D)(G) \$7.50 - Vegetable and Tomato Marinara Sauce (V)(G) \$6.80 <i>Fresh–Baked Slices</i> - Margherita Pizza (D)(G) \$4.80 - Turkey Ham & Pineapple Pizza (D)(G) \$5.80 Tues/Thurs <i>Pasta of the Day</i> - Chicken Alfredo Pasta (D)(G) \$7.50 - Vegetable and Tomato Marinara Sauce (V)(G)) \$6.80 <i>Fresh–Baked Slices</i> - Margherita Pizza (D)(G) \$4.80 - Beef Pepperoni Pizza (D)(G) \$5.80	Mix & Match \$7.50 for a full meal Pick 1 protein, 1 veg and 1 carb <i>Proteins \$3.50</i> - Ginger & Soy Braised Beef (G)(S) - Cereal Fish & Fragrant Curry Leaves (E)(G) - Steamed Egg & Minced Chicken (G)(S)(Z) <i>Vegetables \$2.20</i> - Braised Asian Greens & Tofu (G)(S) - Wok fried Broccoli & Garlic (G)(S) - Choy Sum & Shiitake Mushroom (G)(S) <i>Carbohydrates \$2.00</i> - Steamed Rice - Fried Rice/Noodle of the Day (G)(S)(Z) <i>Standalone Fried Rice/Noodles are \$3.50</i>	Mon/Wed/Fri Tandoori Butter Chicken (D) \$7.50 Chana Masala (AF)(VGN) \$7.00 <i>served as a set with pilaf rice, cucumber raita, tomato & red onion salad</i> Tue/Thu Lamb Curry (AF) \$7.50 Vegetable Korma (AF) \$7.00 <i>served as a set with steamed rice, and sauteed cabbage with mustard seeds</i>
Tue 17 Nov	Chicken Bolognese Pasta , diced zucchini (G)	Cereal Fish , steamed rice, cabbage & carrots (E)(G)	Smoky Chicken Sausage Pizza , sweet corn & peas (G)(D)	Smoky Beef Chilli , Mexican bean rice, sweet corn, tortilla chips (AF)	Potato & Eggplant Moussaka , flatbread (D)(G)			
Wed 18 Nov	Sweet & Sour Fish , steamed rice & cauliflower (G)(S)	Chicken Dumplings , stir-fried noodles, bok choy (E)(G)(Z)	Beef Lasagne , California vegetables, pomodoro sauce (D)(G)(E)	Baked Sea Bass , mashed potatoes, tomato salsa, broccoli & carrots (AF)	Grilled Cauliflower Steak , bulgur wheat, tomatoes & asparagus (G)			
Thu 19 Nov	Stir-fried Sweet Soy Minced Chicken , chopped bok choy, brown rice (G)(S)	Stir-fried Oyster Sauce Beef , rice noodles, napa cabbage (G)(S)	Tuna & Cherry Tomato with gluten-free pasta, sauteed zucchini (AF)	Lebanese Chicken Shawarma , garlic yoghurt sauce, pita, chickpea salad (D)(G)	Cauliflower & Broccoli Cheesy Pasta Bake , zucchini, edamame beans (D)(G)			
Fri 20 Nov	Pizza Margherita , chopped broccoli, smashed carrots (D)(G)	Kung Pao Crispy Fish , steamed rice, Asian greens (G)(S)(Z)	Chicken Meatball Pasta , tomato sauce, green beans (G)	Braised Mutton Casserole , mashed potatoes, steamed carrots & broccoli (D)(G)	Lentil and Butternut Squash Curry , rice, stir-fried okra (AF)			

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	Young Eaters (\$6.80)	Asian (\$6.80)	Toscana (\$6.80)	Western	Vegetarian	Toscana	SenseAsia	Spices
Mon 23 Nov	Beef Bolognese Penne Pasta , buttered corn (G)(D)	Roasted Chicken Rice , bok choy and carrots (G)(S)(Z)	Margherita Pizza , broccoli & carrots (D)(G)	Creamy Mustard Beef Casserole , herb-roasted potatoes, broccoli & carrots (G)(D)	Braised Tofu steamed rice & asparagus (AF)(S)	<i>Complete your meal with a free garden salad or a whole fruit.</i> Mon/Wed/Fri <i>Pasta of the Day</i> - Pasta with Beef Bolognese Sauce (D)(G) \$7.50 - Vegetable and Tomato Marinara Sauce (V)(G) \$6.80 <i>Fresh-Baked Slices</i> - Margherita Pizza (D)(G) \$4.80 - Turkey Ham & Pineapple Pizza (D)(G) \$5.80 Tues/Thurs <i>Pasta of the Day</i> - Chicken Alfredo Pasta (D)(G) \$7.50 - Vegetable and Tomato Marinara Sauce (V)(G) \$6.80 <i>Fresh-Baked Slices</i> - Margherita Pizza (D)(G) \$4.80 - Beef Pepperoni Pizza (D)(G) \$5.80	Mix & Match \$7.50 for a full meal Pick 1 protein, 1 veg and 1 carb <i>Proteins \$3.50</i> - Stir-fried Hot Bean Paste Beef (G)(S)(Z) - Sweet & Sour Fish (G)(S)(Z) - Honey Garlic Chicken (G)(S)(Z) <i>Vegetables \$2.20</i> - Steamed Broccoli & Carrots (AF) - Vegetarian oyster sauce Bok Choy (G)(S)(Z) - Stir-fried Pea Shoots and Shimeji Mushroom (G)(S)(Z) <i>Carbohydrates \$2.00</i> - Steamed Rice - Fried Rice/Noodle of the Day (G)(S)(Z) <i>Standalone Fried Rice/Noodles are \$3.50</i>	Mon/Wed/Fri Tandoori Butter Chicken (D) \$7.50 Chana Masala (AF)(VGN) \$7.00 <i>served as a set with pilaf rice, cucumber raita, tomato & red onion salad</i> Tue/Thu Lamb Curry (AF) \$7.50 Vegetable Korma (AF) \$7.00 <i>served as a set with steamed rice, and sauteed cabbage with mustard seeds</i>
Tue 24 Nov	Stir-fried Minced Chicken , steamed brown rice, smashed carrots (G)	Stir-fried Hot Bean Paste Beef , steamed rice, pea shoots and shimeji mushrooms (G)(S)(Z)	Baked Dory & Creamy Asparagus Penne , sauteed zucchini (G)(D)	Chicken Cacciatore , crushed potatoes, broccoli and carrots (G)(D)	Vegetable Korma (coconut curry), fragrant rice, green beans, cauliflower (AF)			
Wed 25 Nov	Roasted Chicken , mashed potatoes, chopped broccoli & mushrooms (AF)	Sweet & Sour Fish , sautéed garlic bok choy, carrots, steamed rice (G)(S)(Z)	Smoky Chicken Sausage Pizza , spinach & mushroom (D)(G)	Beef Cheeseburger , warm green bean salad, french fries, cheddar cheese (D)(E)(G)	Stir-fried Tempeh, Tofu & Mushrooms , steamed rice, bok choy, carrots (AF)(S)			
Thu 26 Nov	Baked Salmon , egg fried rice, smashed edamame (E)(G)(S)	Honey Garlic Chicken , garlic rice, broccoli and cabbage (G)(S)(Z)	Italian Beef Meatball Penne Marinara , zucchini & corn, parmesan (G)(D)	Baked Cajun Fish , Mexican-style rice, capsicum and sweet corn (AF)	Vegetable Frittata , creamed spinach & peas (D)(E)			
Fri 27 Nov	Chicken Alfredo Penne , smashed peas & parmesan (G)(D)	Taiwanese Braised Beef , steamed rice, daikon and carrots (G)(S)(Z)	Roasted Chicken & Capsicum Pizza , french beans & pumpkin (D)(G)	Creamy Lemon Sea Bass , spring onion mashed potatoes, French beans and roasted pumpkin (D)	Indian-spiced Lentil Dal & Chickpeas , steamed basmati rice, okra & tomato (AF)			

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	Young Eaters (\$6.80)	Asian (\$6.80)	Toscana (\$6.80)	Western	Vegetarian	Toscana	SenseAsia	Spices
Mon 30 Nov	Tuna Mac & Cheese , corn kernels & broccoli (D)(G)	Thai Basil Chicken , spinach, bean sprouts, onion, rice (G)(Z)(S)	Creamy Tuna Tomato Penne Pasta , green beans, spinach (G)(D)	Lamb Stew , roasted cauliflower, zucchini, crushed potatoes (D)	Vegan Mapo Tofu , shiitake Mushrooms, sautéed garlic bok choy, carrots, steamed rice (AF)(S)	<i>Complete your meal with a free garden salad or a whole fruit.</i> Mon/Wed/Fri <i>Pasta of the Day</i> - Pasta with Beef Meatball Marinara Sauce (D)(G) \$7.50 - Vegetable and Tomato Marinara Sauce (V)(G) \$6.80	Mix & Match \$7.50 for a full meal Pick 1 protein, 1 veg and 1 carb <i>Proteins \$3.50</i> - Butter Chicken (D) - Mala (Sichuan Pepper) Fish (G)(E) - Black Pepper Beef (G)(S)	Mon/Wed/Fri Tandoori Butter Chicken (D) \$7.50 Chana Masala (AF)(VGN) \$7.00
Tue 1 Dec	Turkey Ham & Cheese Sandwich on brown bread, tater tots & baby beans (D)(G)	Beef Char Kway Teow , egg, bean sprouts, chye sim (E)(G)(S)	Beef Pepperoni Pizza , green beans & broccoli (D)(G)	Baked Salmon , roasted sweet potato & California vegetables (AF)	Plant-based Char Siu “Duck” , stir-fried chap chay, steamed rice (G)(S)	<i>Fresh-Baked Slices</i> - Margherita Pizza (D)(G) \$4.80 - Turkey Ham & Pineapple Pizza (D)(G) \$5.80	<i>Vegetables \$2.20</i> - Sauteed Okra (AF) - Stir-fried Asian vegetables (G)(S) - Asparagus & Quail Eggs (G)(E)(S)	<i>served as a set with pilaf rice, cucumber raita, tomato & red onion salad</i>
Wed 2 Dec	Beef Fried Rice , mixed veggies (G)(E)(S)	Thai Fish Fried Rice , mixed veggies (AF)	Beef Bolognese Penne , sweet corn & mushrooms, parmesan (G)(D)	Chicken Bangers & Mash , onion gravy, mashed potatoes, green peas (D)(G)	Ricotta & Spinach Lasagna , eggplant, capsicum (D)(G)(E)	<i>Tues/Thurs</i> <i>Pasta of the Day</i> - Chicken Alfredo Pasta (D)(G) \$7.50 - Vegetable and Tomato Marinara Sauce (V)(G) \$6.80	<i>Carbohydrates \$2.00</i> - Steamed Rice - Fried Rice/Noodle of the Day (G)(S)(Z)	Tue/Thu Lamb Curry (AF) \$7.50 Vegetable Korma (AF) \$7.00
Thu 3 Dec	Steamed Sea Bass , brown rice & smashed peas (AF)	Butter Chicken , cauliflower, okra, biryani-spiced rice (D)(G)	Margherita Pizza , Mediterranean vegetables (D)(G)	Beef Chili Con Carne , mixed beans, corn salsa, rice (AF)	Potato & Eggplant Moussaka , flatbread (D)(G)	<i>Fresh-Baked Slices</i> - Margherita Pizza (D)(G) \$4.80 - Beef Pepperoni Pizza (D)(G) \$5.80	<i>Standalone Fried Rice/Noodles are \$3.50</i>	<i>served as a set with steamed rice, and sauteed cabbage with mustard seeds</i>
Fri 4 Dec	Chicken Nuggets , baked potato wedges, mashed honey carrots, tomato (G)	Beef Hamburger Patty , mild Japanese curry, udon noodles, carrots, edamame beans (G)(S)	Creamy Salmon & Pea Pesto with Penne Pasta , baked asparagus (D)(G)	Fish & Chips , peas, tartare sauce (D)(E)(G)	Crispy Tempeh , braised cabbage sayur lodeh (coconut stew), pandan rice (AF)(S)			

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Nexus International School (Singapore) Lunch Menu

Week B7, December 7–11

	Online Pre-orders Only (Years 1–6)			Pre-order (\$6.80) & At the canteen (\$7.50)		At the canteen (Year 7–13 & Staff)		
	Young Eaters (\$6.80)	Asian (\$6.80)	Toscana (\$6.80)	Western	Vegetarian	Toscana	SenseAsia	Spices
Mon 7 Dec	Steamed Fish , vegetable stew, mixed brown rice (AF)	Ginger & Spring Onion Steamed Dory , sautéed garlic bok choy, carrots, steamed rice (G)(S)	Creamy Smoked Duck & Mushroom Pasta , spinach (D)(G)	BBQ Chicken , corn, broccoli, roasted potatoes (G)(D)	Vegetable Bee Hoon , tofu, cabbage, Carrot (AF)(S)	Complete your meal with a free garden salad or a whole fruit. Mon/Wed/Fri <i>Pasta of the Day</i> - Beef Bolognese Sauce (D)(G) \$7.50 - Vegetable and Tomato Marinara Sauce (V)(G) \$6.80	Mix & Match \$7.50 for a full meal Pick 1 protein, 1 veg and 1 carb <i>Proteins \$3.50</i> - Beef Rendang (G) - Char Siu Chicken (G)(S)(Z) - Ginger & Spring Onion Dory (G)(S)	Mon/Wed/Fri Tandoori Butter Chicken (D) \$7.50 Chana Masala (AF)(VGN) \$7.00
Tue 8 Dec	Chicken & Tomato Penne Pasta , chopped cauliflower, parmesan cheese (D)(G)	Char Siu Chicken , steamed rice, garlic kai lan (G)(S)(Z)	Beef Meat Lovers Pizza , steamed cauliflower (D)(G)	Moroccan-Style Lamb Tagine , carrots, tomatoes, and fragrant pilaf rice (AF)	Steamed Silken Tofu, Shiitake Mushroom , scallion noodles & kai lan (G)(S)(Z)	<i>Fresh-Baked Slices</i> - Margherita Pizza (D)(G) \$4.80 - Christmas Turkey Ham & Chicken Chipolata Pizza (D)(G) \$5.80	<i>Vegetables \$2.20</i> - Kai Lan & Crispy Garlic (G)(S) - Stir-fried Chinese Cabbage Chap Chye (G)(S) - Oyster sauce glazed broccoli & carrots (G)(S)	Tue/Thu Lamb Curry (AF) \$7.50 Vegetable Korma (AF) \$7.00
Wed 9 Dec	Braised Beef Ragu , mashed potatoes & broccoli (D)	Beef Rendang , chap chye & steamed rice (G)(S)	Chicken Meatballs , tomato sauce, green beans, pasta (G)	Baked Salmon , spring onion mashed potatoes, green beans & cherry tomatoes. lemon butter sauce (D)	Vegetable Korma , tandoori tofu, biryani rice (AF)(S)	<i>Tues/Thurs</i> <i>Pasta of the Day</i> - Chicken Alfredo Pasta (D)(G) \$7.50 - Vegetable and Tomato Marinara Sauce (V)(G) \$6.80	<i>Carbohydrates \$2.00</i> - Steamed Rice - Fried Rice/Noodle of the Day (G)(S)(Z)	<i>served as a set with steamed rice, and sauteed cabbage with mustard seeds</i>
Thu 10 Dec	Chicken Bolognese Pasta , diced zucchini (G)	Crispy Fried Dory , bee hoon, pea shoots (AF)	<u><i>Christmas Special</i></u> Turkey Ham & Chicken Chipolata Pizza , green beans (D)(G)	<u><i>Christmas Special</i></u> Roast Turkey , chicken chipolata, stuffing balls, roasted winter vegetables, potatoes & gravy (D)(G)	Vegetarian Hokkien Mee , plant-based duck & stir-fried cabbage (G)(S)(E)	<i>Fresh-Baked Slices</i> - Margherita Pizza (D)(G) \$4.80 - Beef Pepperoni Pizza (D)(G) \$5.80	<i>Standalone Fried Rice/Noodles are \$3.50</i>	
Fri 11 Dec	Crispy Fish Pops , egg fried rice & smashed edamame (E)(G)	Steamed Ginger Chicken , baby kailan, mixed rice (G)(S)(Z)	Tomato & Tuna Gluten-free Pasta Bake , steamed corn (AF)	Beef Cheeseburger , cheddar cheese, corn, potato wedges (D)(E)(G)	Vegetable Keema , chapati, aloo gobi (G)			

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Nexus International School (Singapore) Lunch Menu

Week B8, December 14–18

	Online Pre-orders Only (Years 1–6)			Pre-order (\$6.80) & At the canteen (\$7.50)		At the canteen (Year 7–13 & Staff)		
	Young Eaters (\$6.80)	Asian (\$6.80)	Toscana (\$6.80)	Western	Vegetarian	Toscana	SenseAsia	Spices
Mon 14 Dec	Chicken Meatballs Pasta , tomato sauce, sweet corn (D)(G)	Stir-fried Cumin Lamb , cabbage, braised eggplant & steamed rice (AF)	Beef Lasagne , California mixed vegetables, pomodoro sauce (D)(G)(E)	Roasted Sea Bass , lemon cream sauce, green beans, cherry tomato, crushed potatoes (D)	Plant-based “Oyster Sauce Lamb” , asparagus & cauliflower, steamed rice (G)	<i>Complete your meal with a free garden salad or a whole fruit.</i> Mon/Wed/Fri <i>Pasta of the Day</i> - Pasta with Beef Meatballs in Marinara Sauce (D)(G) \$7.50 - Vegetable and Tomato Marinara Sauce (V)(G) \$6.80 <i>Fresh-Baked Slices</i> - Margherita Pizza (D)(G) \$4.80 - Turkey Ham & Pineapple Pizza (D)(G) \$5.80 Tues/Thurs <i>Pasta of the Day</i> - Chicken Alfredo Pasta (D)(G) \$7.50 - Vegetable and Tomato Marinara Sauce (V)(G)) \$6.80 <i>Fresh-Baked Slices</i> - Margherita Pizza (D)(G) \$4.80 - Beef Pepperoni Pizza (D)(G) \$5.80	Mix & Match \$7.50 for a full meal Pick 1 protein, 1 veg and 1 carb <i>Proteins \$3.50</i> - Stir-fried Cumin Lamb (G)(S) - Teriyaki Chicken (G)(S) - Thai Sweet Chili Fish (G)(E) <i>Vegetables \$2.20</i> - Glazed Carrots, Cabbage & tofu (G)(S) - Eggplant with garlic sauce (G)(S) - Sauteed long beans with egg (E)(S) <i>Carbohydrates \$2.00</i> - Steamed Rice - Fried Rice/Noodle of the Day (G)(S)(Z) <i>Standalone Fried Rice/Noodles are</i> \$3.50	Mon/Wed/Fri Tandoori Butter Chicken (D) \$7.50 Chana Masala (AF)(VGN) \$7.00 <i>served as a set with pilaf rice, cucumber raita, tomato & red onion salad</i> Tue/Thu Lamb Curry (AF) \$7.50 Vegetable Korma (AF) \$7.00 <i>served as a set with steamed rice, and sauteed cabbage with mustard seeds</i>
Tue 15 Dec	Thai-style Minced Chicken Stir-fry , soft chopped green beans, steamed white rice (AF)(Not spicy)	Soy-glazed Dory , sweet corn, broccoli, steamed rice (G)(S)	Margherita Pizza , grilled vegetables with thyme & basil (D)(G)	Chicken Cacciatore , crushed potatoes, broccoli and carrots (G)(D)	Yellow Lentil Dal , okra, cauliflower, steamed rice (AF)			
Wed 16 Dec	Baked Breaded Fish Fingers , mashed potatoes, buttered smashed peas (D)(G)	Hainanese Chicken Rice , carrots, bok choy (G)(S)	Lemon Baked Fish , capsicum, spinach aglio olio gluten-free pasta (AF)	Braised Beef Brisket , mashed potatoes, broccoli & peas (D)(G)	Zucchini Pasta Bake , marinara sauce, mozzarella cheese, sautéed carrots & mushrooms (D)(G)			
Thu 17 Dec	Beef Bolognese Penne Pasta , parmesan & honey glazed chopped carrots (G)(D)	Cantonese-style Fish Noodles , bok choy & bell peppers (G)(S)	Turkey Ham & Pineapple Pizza , green beans (D)(G)	Chicken Cheeseburger , cherry tomatoes, green beans, potato wedges (D)(E)(G)	Braised Tofu , steamed rice, garlic kai lan (S)			
Fri 18 Dec	Chicken Hot Dog , California mixed vegetables (G)(D)	Teriyaki Chicken , spinach, pickled root vegetables, steamed rice (G)(S)	Creamy Beef & Bell Pepper Ragu with Penne Pasta , California mixed vegetables (D)(G)	Crispy Fish Taco Bowl , tortilla wrap, rice, tomato salsa, cheese, lettuce (D)(G)	Cauliflower Pakora , vegetable and chickpea coconut korma, steamed rice (AF)			

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**We wish you a Merry Christmas
and a very happy new year.**
See you in January!



Monday	Tuesday	Wednesday	Thursday	Friday
Homemade Soup of the Day bread roll (G)(may contain dairy – check at counter) \$4.0				
Roasted Eggplant Wrap baby spinach, sun-dried tomatoes, hummus & basil spread (G)(VEG) \$7.0 Turkey Ham, Egg & Cheese Breakfast Muffin (G)(D)(E) \$6.5 Three Cheese Toastie mozzarella, cheddar & emmental (D)(G)(VEG) \$7.0 Smoked Salmon & Cream Cheese Bagel (D)(G) \$7.5	Falafel & Garlic Yoghurt Wrap spinach & romaine (D)(G) \$7.5 Chicken Parmesan Sandwich romaine lettuce, tomato salsa & mayo (G)(D)(E) \$7.5 Beef Pastrami & Pickled Onion Sandwich tomato, cabbage slaw (E)(G) \$8.0 Tuna Melt , cheddar & mozzarella (D)(G) \$7.0 Jalapeno Cream Cheese Bagel (G)(D)(VEG) \$6.5	Mixed Mushroom & Hummus Wrap eggplant, peppers, romaine & basil (G)(VEG) \$7.0 Beef Pastrami & Pickled Onion Sandwich tomato, cabbage slaw (E)(G) \$8.0 Three Cheese Toastie mozzarella, cheddar & emmental (D)(G)(VEG) \$7.0 Smoked Salmon & Cream Cheese Bagel (D)(G) \$7.5	Roasted Eggplant Wrap baby spinach, sun-dried tomatoes, hummus & basil spread (G)(VEG) \$7.0 Turkey Ham, Egg & Cheese Breakfast Muffin (G)(D)(E) \$6.5 Chicken Parmesan Sandwich romaine lettuce, tomato salsa & mayo (G)(D)(E) \$7.5 Fish & Chips Wrap fried fish fillet, chips, slaw & tartar sauce (G)(E) \$7.0 Jalapeno Cream Cheese Bagel (G)(D)(VEG) \$6.5	Falafel & Garlic Yoghurt Wrap spinach & romaine (D)(G)(VEG) \$7.5 Tuna Melt , cheddar & mozzarella (D)(G) \$7.0 Three Cheese Toastie mozzarella, cheddar & emmental (D)(G)(VEG) \$7.0 Smoked Salmon & Cream Cheese Bagel (D)(G) \$7.5
Wild Rice Salad chickpeas, capsicum, tomato, goats' cheese & lemon vinaigrette (D)(VEG) \$7.00	Classic Chicken Caesar beef bacon bits & croutons (G)(D)(E) \$7.00	Beetroot & Feta Salad arugula, sunflower seeds, balsamic (D)(VEG) \$7.00	Curried Cauliflower & Potato Salad orange, pumpkin seeds, basil pistou, cherry tomatoes, pickled onions (AF)(VEG) \$6.50	Tandoori Chicken Pasta Salad baby spinach, cucumber & coriander (G) \$7.00
Daily Value Meal \$5.50 – get the fresh daily choice while you can!				
and a whole selection of other light bites from \$3 onwards Whole fruits, fruit cups... Viennoiserie, muffins, cakes... Pies and puffs... Yoghurt pots and parfaits... and more to come!				

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Nexus International School (Singapore) Eco Cafe Drinks Menu

Barista Coffee

Espresso \$3.50

Cortado \$4.00

Americano M4.0 | L5.0

Cappuccino/Latte M5.5 | L6.5

Mocha M6.5 | L7.5

Other Prepared Drinks

Teas M4.0 | L5.0

Matcha Latte M6.5 | L7.5

Chai Latte M6.5 | L7.5

Hot Chocolate M6.5 | L7.5

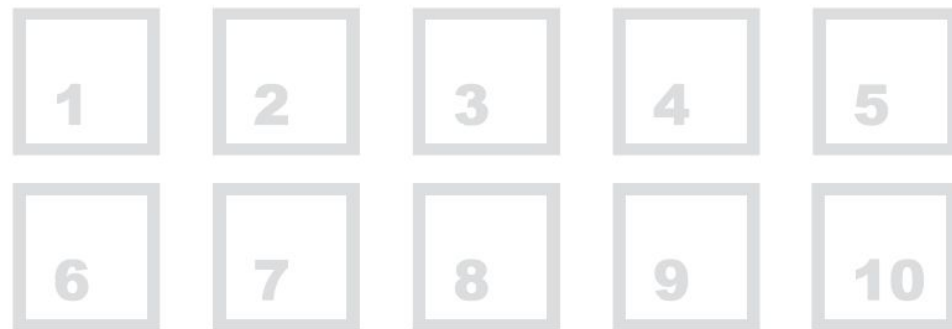
Passionfruit Green Tea \$5.5

**We use Cowpresso Golden Cup Blend beans,
small-batch roasted in Singapore.**

Tasting notes:

*Milk chocolate is the dominant flavour here, accompanied with
caramel and macadamia sweetness and finishing off with a
bold dried fruit aftertaste.*

Buy 10 coffees or teas – your 11th is free



This card has no cash value and cannot be exchanged for other products.
This card cannot be replaced in the event of loss or theft.
Victus Catering reserves the right to withdraw or modify this scheme.

Don't forget to pick up your Victus Coffee Card!

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